

## 18 Steps of Father Brahma

(Special effort for 18<sup>th</sup> January 2021 for Father Brahma's Day of Remembrance)

To beloved Avyakt Mother, Father, BapDada's deeply beloved instrument teachers, sisters and brothers, ones who have love for solitude and always remain merged in the depth of One, ones who remain lost in the love of One, ones who remain engaged in the service of world transformation with your pure and powerful vibrations, all brothers and sisters of this land and abroad who are the decoration of the Brahmin clan, please accept Godly love-filled sweet remembrance.

Now, the year 2020 is being wound onto the reel of the drama. This year, the Corona virus has taught everyone a lot. While learning the lesson of "suddenly", maintaining a constant and stable stage in every situation, everyone has specially practised serving through the mind. The New Year is now coming closer. While invoking the New Year, we will share loving greetings of the New Year with one another with a lot of zeal and enthusiasm. Definitely, you must all also be making plans filled with newness for the New Year. First of all, at the beginning of the year, in the month of January which is the special month of remembrance of our beloved Father Brahma, all of us will create our avyakt stage in this avyakt month. Keeping the aim of becoming complete and perfect, the same as Father Brahma, we want to create a very good atmosphere everywhere. For this, let each one keep silence of the mind and of the mouth and especially experience solitude. Along with this, placing your steps in the footsteps of Father Brahma, be a complete Brahma-chari (one who follows the footsteps of Father Brahma), and in order to give the proof of his loving sustenance, we are sending to all of you 18 steps of Father Brahma, and by placing your steps in his footsteps, we have to become equal to him. These can be read in class every morning and everyone can take such steps and create their elevated stage. In the year 2021, make special effort to become an embodiment of peace and power throughout the year. For this, Madhuban will send every month a letter of remembrance "Patra Pushpa" and Avyakt Signals with which to create an elevated stage.

### 18<sup>th</sup> Steps of Father Brahma for 18<sup>th</sup> January.

#### 1) Will everything of yours and become full of will power.

Father Brahma willed everything of his as his first step. First, he fully willed all his weaknesses and defects and then he willed all his physical and subtle wealth. He never thought about what was going to happen in the future or how it would happen. He willed everything at a stroke ("jatku") and so received will power. In the same way, you children have to follow the Father.

#### 2) The intention to make others even higher than the self.

Father Brahma made the children even higher than himself, and he made every child go first in every aspect and gave them such regard. He put the lesson of "You first" into practice with his attitude, vision, words and actions. He always kept the mothers and sisters in the front. Follow the Father in the same way and you will then become equal to the Father.

#### 3) Experiencing spirituality in the worldly things.

While doing any work, Father Brahma always maintained his angelic stage. He transformed worldly things into spiritual things. There wasn't any worldiness visible in his actions or his sanskars. He made his thinking, speaking and doing equal. Follow the Father in the same way. Let every worldly situation be transformed into something spiritual; even in your seeing, hearing and speaking, and thereby, become equal.

#### 4) Loving to everyone and co-operative with everyone.

Father Brahma was loving and co-operative to everyone in every way and in every form. He always remained merged in the love of the one Father. Not a single second or thought was without co-operation. In the same way, all of you children have to be loving to all and give the practical proof of co-operation.

**5) Always free from the desire of fruit, ignorant of the knowledge of desire.**

Father Brahma did not have any desire for the fruit of any of his actions. Because of always having the awareness of the Father in his every word and action, he didn't have the slightest desire for any fruit, even in his thoughts. He sustained everyone with an altruistic attitude. Even while having knowledge of the reward of any effort, he didn't have any attachment to that. In the same way, you children also have to remain beyond the desire of name, respect and honour, be ignorant of the knowledge of desire and then do service. Sustain everyone this way for only then will the moths surrender to the Flame.

**6) Qualifications of a constant yogi.**

Every thought of Father Brahma was for the service of world benefit. He gave the experience of humility, humbleness and greatness through his every word. In his awareness, on the one hand he was an unlimited master and on the other hand, he was a world server. On the one hand, he had the intoxication of having all rights, and on the other hand, he was respectful to all. He was always a bestower and a bestower of blessings to all souls. Even to a soul who rejected everyone or who defamed others, he gave the feeling of being a benevolent soul. Follow the Father in the same way. While having good wishes on each soul in front of you, be a world benefactor. These are the qualifications of a constantly yogi soul.

**7) Free from attachment even in your thoughts and dreams.**

While living in the old world, Father Brahma remained free from attachment to any person or possession in his thoughts and even in his dreams. He was always seated on the Trimurti throne, always had awareness of the three aspects of time, he was always aware of the three aspects of time in every action, and he made his every action an elevated action, a pure action. He stayed beyond old sanskars and nature. He always remained seated on the seat of a detached observer. Follow the Father in the same way and become a true Raj Rishi.

**8) Keeping balance of maturity and being entertaining.**

On Father Brahma's face, you always saw signs of maturity as well as a smile and Maturity, that is, introversion. The sign of that was that he always remained lost as in the depths of the ocean. One minute his face would show signs of him churning knowledge and the next minute, his face would be smiling and entertaining. We saw both qualities on his face. Let your face be a copy of Father Brahma's face in the same way. Let Father Brahma be visible through your character and your face. Become a photocopy of Father Brahma in this way.

**9) An image that grants visions through the experience of the stage of being lost in love.**

In the beginning, people had visions of Father Brahma while they were sitting at home. They all experienced someone personally speaking to them and signalling them. In the same way, this will be experienced at the end through the instrument souls. For this, like Father Brahma, always remain lost in the love of One. This stage of being lost in love will make you into an image that grants visions. Let there not be any type of burden on your intellect. Let your daily schedule be the same as Father Brahma's for only then will others be able to experience the scenes of the beginning at the end.

**10) A master ocean in all virtues.**

Father Brahma was a master ocean in all virtues. He experienced the inheritance of all powers in his practical life. Along with this, the elevated and great stage of the soul is: "Completely viceless, complete with all virtues, sixteen celestial degrees complete, follower of the highest code of conduct, completely non-violent." He put this greatness into his practical life. You children also have to become full of all virtues and all qualities in the same way. While experiencing all powers, become a master ocean of all virtues for only then will you be able to serve as a bestower of blessings and a great donor.

**11) Being a true server with the speciality of being an instrument and having humility.**

Father Brahma always experienced himself to be an instrument and remained a true server with great humility. He made this his natural nature. The intention of benefitting the world was clearly visible in his every action. All the facilities of happiness and comfort, all his virtues and powers he had attained, he donated all of them for the upliftment of souls and became a great donor. He transformed each one's defects into virtues, he transformed loss into benefit, he transformed defamation into praise. So, adopt such vision and awareness and become a true server.

**12) Number one in both renunciation and fortune.**

At the beginning of establishment, Father Brahma became an instrument in the physical form. He received a letter from Alpha (God) and so renounced everything for service. He became number one in his renunciation and also in his fortune. At the end too, in order to uplift the children and make them avyakt, he became a resident of the subtle region. So, while following the Father, both in renunciation and in fortune, make yourself complete and do service and become a resident of the subtle region, the same as Father Brahma.

**13) Do the service of spreading elevated vibrations with a powerful mind.**

Father Brahma used to stay awake at night and do the service of spreading vibrations. Whoever takes the initiative in this is Arjuna. While doing any service, while making chapattis, while being on guard duty, always stay in the form of powerful remembrance. Serve the world with your mind. A world server doesn't just do single work, but double work. Let your hands work physically and continue to donate powers with your mind. Serve while being an image of virtues and you will accumulate double.

**14) As well as being one who uplifts others, be celibate.**

Father Brahma always uplifted others and, together with this, in his life of dying alive, he remained celibate from the beginning to the end. A celibate life means a pure life like that of Brahma. Call it brahmchari (celibate) or Brahma-chari (following the footsteps of Father Brahma), be constant in that from the beginning to the end. Let your purity and cleanliness not be disturbed in any way for only then will you become worthy of worship. This is known as following the Father.

**15) Always victorious with the power of transformation.**

With the power of transformation, Father Brahma transformed anyone's words and intentions. He transformed defamation into praise, he transformed insult into praise, disrespect into self-respect, defamation into upliftment, he transformed obstacles of Maya into ways of being absorbed in the Father's love and was always victorious. Follow the Father in the same way. He wasn't co-operative just with loving souls. When you make souls in whom there is no hope into souls with great hope, then you can say it is a wonder. This is known as following the Father.

**16) Being an embodiment of success by granting a vision of your original form with the mirror of your soul-conscious stage.**

With the powerful mirror of his stage of soul consciousness, Father Brahma always gave every soul a glimpse or a vision of their original form in a second. This is known as the stage of a "light and might house". Just as the Father kept the form of light and might and the Almighty Authority, Father Brahma became the same as Him. In the same way, you children also become complete with all powers, the same as the Father and become embodiments of success. With the jewel on your forehead, give everyone a vision of their original form.

**17) Experienced in the reward of the confluence age, merged in love and free from hard work.**

The confluence age is the age to be merged in love, it is not the age of hard work. It is the age of meeting. It is the age of the moths merging into the Flame. Children are the crown on the head, the decoration of the home. The children of the Father are the masters. So, always remain experienced in such an elevated stage.

Follow the footsteps in every way – in your thoughts, words, deeds, relationships and connections, continue to place your steps in his footsteps. The reward of the confluence age is to be equal to the Father in your stage and be seated on the heart throne. The stage of perfection is not just for a few moments, it is for life. It is an angelic life, a yogi life. Remain merged in such love and experience a lift that makes you free from hard work.

**18) The practice of coming into the subtle (avyakt) from the gross (vyakt).**

Though Brahma Baba is subtle, he still comes into the corporeal and carries out some tasks. In the same way, you children have to stay in your avyakt stage and make your physical organs function. Let your drishti, words and thoughts be like those of the Father's. Just as Father Brahma is the Father of the unlimited, children also have to be the same. To the extent that there is closeness, let there be that much equality. At the end, you children too will become creators of your creation and experience this in a practical way. Just as the Father automatically remembers His form of being a Creator when He sees His creation, you children will also have a similar stage, numberwise.

**Special notice for the Day of Remembrance of Father Brahma – 18<sup>th</sup> January 2021.**

- 1) We are sending from Madhuban, especially for the 18 steps of Father Brahma, which he demonstrated in his practical life. Keeping these in your awareness, all of you should place your steps in Father Brahma's footsteps and race to make intense effort to become complete and perfect.
- 2) For the whole month of January, let each one keep the aim to stay in the experience of the double light, angelic stage. While interacting with others and carrying out your activities, as much as possible, pay special attention to being introverted. "Speak less, speak softly and speak sweetly." Keep this slogan in your awareness, be economical in your thoughts, words and time and increase your account of accumulation. Make effort to remain unshakeable even in upheaval.
- 3) While seeing or hearing anything, instead of questioning it, put a full stop. Stay beyond the questions "Why? What? How?" and always remain happy. Compare your every thought, word and deed with those of Father Brahma.
- 4) Especially for the Day of Remembrance, the Murli of beloved BapDada's sweet teachings which are very deep and entertaining sakar Murli points and also the avyakt elevated versions have been sent to you. On the 18<sup>th</sup> January, especially listen to this Murli with concentration and put it into practice throughout the day.
- 5) The 18<sup>th</sup> January 2021 is a Monday, the day of the memorial of the Father who gives us the nectar to drink, so let this day be celebrated as a "World Peace Day". Let everyone take leave from their work and, throughout the day, while touring in the subtle region, have special tapasya from amrit vela till the evening. In the evening, let everyone watch and listen with attention the elevated avyakt versions that will be shown on line and experience an avyakt meeting. If any place does not have the internet facilities, they can have a yoga programme.
- 6) Print articles in magazines etc. and give Brahma Baba's life story.
- 7) Have public programmes for the 18<sup>th</sup> January.